



## **Propositions 24-hour L'ADOVÉ MEDVEDE Vel'ká voda, o. z.** **5th year of the 24-hour long-distance endurance swimming** **in open water on June 14-15, 2025**

(the organizer L'ADOVÉ MEDVEDE Vel'ká voda, o. z. reserves the right to modify and specify)

### **Venue**

- area of the small lake Nové Košariská, Dunajská Lužná

### **Date and time of the event**

- **14.06.2025 from 12.00 h** (entry into the water and start of the race) **to 15.06.2025 until 12.00 h** (exit from the water and end of the race)
- Entry to the event is allowed only on the basis of registration and payment of the entry fee online
- Attendance of registered participants and assignment of start numbers - **14.06.2025 from 9.00 to 11.00**

### **Category**

- Individuals - women and men:

**Children from 10 to 18 years old**

**Youth from 19 to 34 years old**

**Older from 35 to 50 years**

**Seniors from 51 to 64 years of age**

**Pensioners from 65 and above**

- Relays - **4, 5, 6 members** (women's, men's, mixed), relays in other numbers will not be evaluated

### **Conditions of participation**

- Registration on [www.velkavoda.sk](http://www.velkavoda.sk)
- Individuals register separately
- Relay members register separately and state the name **of the relay leader** and the **name of the relay team when** registering. **The relay leader** organizes the relay and supervises it during the race. The relay leader is the primary contact for the organizers
- Registration is open **until 11. June 2025 (11:59 p.m.)**, payments of the entry fee and other fees associated with the course of the race must be paid **exclusively electronically to the bank account of L'ADOVÉ MEDVEDE Vel'ká voda, o. z.**
- Swimmers in the individual category must state their current swimming time for 1000 m when registering.
- The organizer reserves the right not to accept the application of an individual swimmer in case of a high interest in participating in this category. The selection will be determined on the basis of previous participation and achieved results in endurance swimming

- Swimmers-individuals and swimmers in relays must sign an affidavit upon attendance that they are in good health, are aware of the difficulty of the event and participate in it at their own risk
- The number of participating relays is not limited
- In justified cases, two hours before the start of the race, the registration administrator may change the member of the relay or the nature of the relay when the number of relay members changes

### **Participation fee**

- **From 15.04.2025 to 15.05.2025 – € 50,- person**
- **From 16.05.2025 to 31.05.2025 – € 55,- persons**
- **From 01.06.2025 to 11.06.2025 – € 60,- persons**

### **Other fees (cash only on site)**

- Parking fee – 5 € car (for two days, Saturday, Sunday) upper parking lot at the Buffet above the lake
- Tent – 10 € (for two days, Saturday, Sunday) tent city
- Car + electricity connection – 15 € (for two days, Saturday, Sunday) tent city
- caravan + electricity connection – 20 € (for two days, Saturday, Sunday) tent city

### **Mandatory equipment for participants**

- All swimmers are obliged to use a safety float (buoy) and during night swimming a light signaling device on their heads or on the float.
- Each swimmer in the individual and relay categories is obliged to wear a swimming cap with their start number on their head during swimming, according to which the entire course of the race is identified mainly by swimming across the finish line and when leaving the water. In relays, each member has their own unique start number

### **Unauthorized equipment of participants**

- Swimmers are not allowed to use neoprene suits or neoprene swimsuits, fins, and other swimming aids, or any elements and parts of clothing that disparage the nature of the sporting event

### **Swimming route**

- The length of one section - day route 1200 m and night route 300 m.
- The route will be marked with buoys and illuminated during night swimming. Buoys will be marked with a flashing light, the shore and pier with chemical light.
- Expected water temperature 18° to 22° C

### **Swimming Mode**

- The **swimmer-individual category** can have breaks with getting out of the water, which is reported to the organizers, the number and length of ascents is not limited.
- **The relay** always has only one swimmer in the water during the event, while the time of stay of one relay swimmer in the water is not determined and also the substitution of swimmers is not determined by a pre-announced order and is arbitrary. In the case of relays, one of the relay members must always be in the water.
- **An individual and a relay** team can end their participation prematurely, while the time swam and the length of the swim route will be counted and evaluated

### **Length and time measurement**

- The distance travelled is measured cumulatively

- The distance traveled is calculated by the sum of turns around the starting buoy. **Between 12.00 and 21.00 1200 m is counted, between 21.00 and 5.00 300 m is counted, between 5.00 am and 12.00 m is counted**

### **Penalty**

- In the event of unauthorized shortening of the course, the swimmer will be penalized by deducting the entire lap, i.e. 1200 m or 300 m according to the swimming time in which the swimmer shortened the course
- In case of repeated violation of the rules, the organizer is entitled to exclude the swimmer from the competition

### **Reservation of the organizer's rights**

- In the event of extreme deterioration of the weather, the organizer reserves the right to interrupt or even cancel the event, which will be announced in time by an audible signal
- The event may be cancelled or moved to another date during its preparations
- The organizer reserves the right not to accept applications in the event of timely payment of the entry fee or undignified behavior of the participant, which will be assessed by the organizing staff of the event
- It is forbidden to consume alcoholic beverages by participating swimmers during the event. In the event of proof of the consumption of alcoholic beverages by individual swimmers or relay members, the organizer reserves the right to exclude them from participation (DSQ) without a refund of the entry fee

### **Refreshments and meals during the event**

- The organizer will provide participants with a drinking regime (mineral water and hot tea) and half board – **breakfast (Sunday) and two hot meals (on Saturday evening, Sunday lunch)**
- Other refreshments and meals are provided by the participant at their own expense and at their own expense. If needed and interested, an open buffet will be available throughout the event
- The necessary sanitary facilities will be provided in the event premises
- The participant is responsible for maintaining hygiene and environmental protection at the event venue
- The participant is obliged to avoid disturbing the night's peace between 10:00 p.m. and 6:00 a.m., to avoid excessively noisy vocal expression and to play recorded music at excessive volume

### **Safety & Security**

- A permanent 24-hour emergency medical service with an ambulance vehicle will be provided
- There will be a lifeboat on the water throughout the event in case an emergency intervention is needed
- If the swimmer has trouble continuing to swim, he signals the lifeboat by waving his arms above his head

### **Awards and memorabilia**

- All active participants will be rewarded with a participation diploma
- 1st, 2nd and 3rd place will be evaluated in each category

### **Media and publicity**

- Media coverage is provided by the organizer together with the partner
- The organizer reserves the exclusive right to provide information to the media and the public about the event, course and outcome of the event

- Participants of the event agree to make video and audio recordings and publish them in the media

Peter Blažek

The chairman of the civic association

POLAR BEARS Velká voda, o.z.





24H  
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